A Weekly Publication of the Metropolitan Bible Baptist Church Containing Life-Changing Sunday School Lessons and BMA's Preaching Materials

Our Memory Verse

Rest in the Lord, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass.

—*PSALM 37:7 KJV*—



STRAIGHT FROM THE BELOVED PASTOR'S HEART

January Theme: PATIENTLY SERVING (Romans 12:11-12; Rom. 8:45; Acts 9, 26; 1 Sam. 12:24;) **REST IN THE LORD AND WAIT PATIENTLY PSALM 37:7**

Man is naturally faintprospect of persisting if all he will get for his efforts is less than what he expected.

Sadly, we as believers have this attitude even in our prayer life. Whenever we ask something from the Lord, we usually don't get what we asked for in the form we requested it to arrive, and in the time we asked for it to come. And because of this, we end up from those times when the Lord answers our prayers frustrated. Frustration is when we try to control the things we cannot, and when we cannot control the things we can.

Helen Keller quoted, "We would never learn to be brave and patient, if only there was joy in the but He also reveals of who He is. world." The renowned blind and mute spoke of patience as a product of hardship.

Margaret Thatcher wittily remarked, "I am extraordinarily patient, provided that I will get my way ingredient in our prayer, we find three (3) things that in the end."

Have you felt that feeling of anticipation as a 1. child when you were set to go to an amusement park? You can't wait to get their right? But when you get to the place, and it disappoints, you can't wait to go 2. home.

Impatience is actually the result of our own hearted. He cannot bear the shortsightedness. We cannot see past the options and situations we have at the moment. This is where God comes in to teach us patience. He makes us to realize that He knows and sees the big picture, and that what we should do is to REST IN THE LORD AND WAIT PATIENTLY ON HIM.

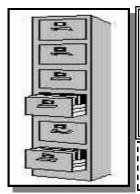
> Charles Stanley said, "I believe that we benefit in the way and time we asked them to come. Because more than waiting on what He will do, we focus more on waiting on Him."

In effect the Lord not only teaches us patience,

MESSAGE

As we examine the character of patience as an patience does:

- Patience teaches us Consistency and Persistency (Romans 2:7).
- Patience brings completion and perfection [maturity] (James 1:4).



The BMA ARCHIVES

Dr. Benny M. Abante's PREACHING MATERIALS

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3. Patience provides comfort and peace (Ps. 37:5; Psalm 27:14).

CONCLUSION

It would be nice to know that the Hebrew for "wait patiently" is spelled "chiyl." As we usually say to someone who gets anxious and impatient, "Chill!"

In the end you can always count on the Lord to answer, as this verse absolutely assures us, "I waited patiently for the Lord; and he inclined unto me, and heard my cry" (Ps. 40:1).

-Ptr. Reyzel Cayanan, 01.15.2017

MOVE ON— "Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before," (Phil. 3:13).

DIG DEEPER— "Sow to yourselves in right-eousness, reap in mercy; break up your fallow ground: for it is time to seek the Lord, till he come and rain righteousness upon you" (Hosea 10:12).

FLY HIGH— "But they that wait upon the Lord shall renew their strength; they shall

NOTHING SHALL OUR MOUTH SPEAK BUT THE BLESSING OF THE WORD AND THE GLORY OF GOD.



THROUGH THE BIBLE IN A YEAR

CHAPTERS TO READ THIS WEEK:

JANUARY 15 MATT. 6:25-34 JANUARY 16 COL. 1:1-12 JANUARY 17 COL. 4:12 JANUARY 18 2 COR. 4:16-18 JANUARY 19 JUDE 1:20-25 JANUARY 20 1 PETER 4:7-11 JANUARY 21 EXODUS 6:1-13 To memorize one (1)
verse in every chapter,
tokens shall be
awarded to those who
can recite all memory
verses after every book.

mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint" (Isaiah 40:31).

WAIT!

God's delays are not denials;

He has heard your prayer;

He knows all about your trials,

Knows your every care.

God's delays are not denials;

Help is on the way;

He is watching o'er life's dials,

Bringing forth the day.

God's delays are not denials;

You will find Him true,

Working through the hardest trials

What is best for you!

-The Believer's Magazine